



Town of Riverhead



Recreation Department
Winter / Spring 2012

Town Supervisor

Sean Walter



Town Council

John Dunleavy
George Gabrielsen
Jodi Giglio
James Wooten

Dear Residents,

Get ready to shake off the winter doldrums and glide into spring because whatever the season, the Riverhead Town Recreation Department has activities and events planned that will bring enjoyment to your whole family. No matter what your hobby, interest, or sport of choice is, there is always something fun happening right here in Riverhead.

This year our Recreation Department offers such diverse activities as ballet and bus trips; shopping sprees and Zumba. Our programs are designed for people of all ages, all programs are held at a very reasonable cost and all are designed to bring a smile.

Please take a moment to glance at our Winter/Spring 2012 brochure where you will no doubt find offerings that will challenge your mind, body and spirit.

If you have any questions or suggestions about the programs being offered, the staff at our Recreation Department will be happy to assist you. They can be reached at 631-727-5744. More information on our parks and beaches can also be obtained by visiting our website at www.riverheadli.com.

Thank you for your interest and I wish you and your family a safe and happy holiday season.

Sincerely,

Sean M. Walter
Riverhead Town Supervisor



Dear Residents,

I would like to invite you to Riverhead Recreation's Winter/Spring Brochure. We added several new and exciting programs this year. We hope you find something that meets your recreational needs.

The Recreation Department is constantly working with the residents to improve our programs. This year we changed the format and added the spring programs to the Winter Brochure. This will be a great way to get an early look at the new season's programming.

The Department will also be adding a new software program this year and we are encouraging all participants to fill out a new registration form. You will have the opportunity to fill one out online or simply come to our office and register. We look forward to another great season in the Town of Riverhead!

Sincerely,

Raymond Coyne
Recreation Superintendent
Town of Riverhead Recreation Department

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RECREATION DEPARTMENT

55 Columbus Avenue
Riverhead, NY 11901
631 727 5744

OPEN

Monday - Friday

8:30am - 4:30pm

The following Saturdays from 10 am - 12pm

January

February 4

March 3

April 14

May 5

June 2

CLOSED

January 2

January 16

February 20

April 6

May 28

STAFF

Raymond Coyne, Superintendent

Kelly Tocci, Assistant Superintendent

Colleen Eastwood

Diane Beatty

Donna Lyczkowski, Youth Bureau Director

Doris Strange

Jim Janecek

Tom Filgate

REGISTRATION BEGINS

January 9, 2012



You can register for most programs online at www.riverheadli.com.



You can register in person at the Recreation Department :
Stotzky Park
55 Columbus Avenue in Riverhead.



You can register over the phone by calling 631 727 5744. No phone registration on the first day.



You can register by mailing forms to:
Riverhead Recreation Department
55 Columbus Avenue
Riverhead, NY 11901

DEADLINE

The deadline for all registration is 5 business days before a program begins unless otherwise noted.

HEALTH REQUIREMENTS

Participants are advised to have a complete physical prior to participating in any activities that may be strenuous.

Medical and waiver forms may have to be completed for particular activities.

PAYMENT

Pre-registration with payment is required for all programs. We accept cash, check, Visa/Mastercard or Discovercard. There is a \$20 fee for all returned checks. All checks are payable to the Riverhead Recreation Department.

CANCELLATION

Minimum class requirement must be reached in all programs for them to be offered. Programs are subject to cancellation based on availability of instructors, facilities or equipment.

PARTICIPANT DISMISSAL

Some instructors may require parental presence or participation at an activity. If it is deemed that a participant can no longer remain in a class due to behavior problems, the Recreation Department reserves the right to dismiss the participant from the class with no refund.

REFUND POLICY

Refunds will be given only if the refund request form is submitted more than 5 business days prior to the start of the program, or if we cancel the program. The form can be found on our website, www.riverheadli.com. All programs include a non-refundable \$5 processing fee. All refunds will be mailed to participants approximately 4 weeks after the request is submitted or a class is officially canceled. All bus trips are non-refundable.

PERMISSION

Parental permission is required for participants under 18 years of age.

LATE REGISTRATION FEE

If you sign up at or after the start of a program, there will be an additional charge of \$5.

GEORGE YOUNG COMMUNITY CENTER

446 South Jamesport Avenue

Jamesport, NY 11947

631 722 4637

From the West: Take Route 25 East to South Jamesport Avenue (There is a gas station on the corner). Turn Right, Community Center is the first building on the left.

HENRY PFEIFER COMMUNITY CENTER

River Road / Grumman Blvd.

Calverton, NY 11933

631 727 6481

From the East: Take Route 25 West to Edwards Avenue. Head South on Edwards Avenue to Railroad Avenue (immediate right turn after crossing the railroad tracks). There are no street signs onto Railroad Avenue off Edwards Avenue. Make a right turn onto Railroad Avenue and take .2 miles to the end. Make a right onto River Road (Grumman Blvd). The Community Center is a few miles down on the right side across from Swan Lake Golf Course.

HUMAN RESOURCE / SENIOR CENTER

60 Shade Tree Lane

Aquebogue, NY

631 722 4444

From the West: Take Route 58 East. After crossing County Road 105, make the third right turn onto Shade Tree Lane. Follow Shade Tree Lane all the way to the end. The Center is on the left just before Hubbard Avenue.

RIVERHEAD SKATE PARK

Pulaski Street, Stotzky Park

Riverhead, NY 11901

631 208 3826

From the East: Take Route 58 to Pulaski Street. Make a left onto Pulaski Street. The Skate Park is on the left hand side.



ADULT PROGRAMS

BALLROOM DANCING



Instructor: Touch Dancing TV Show

Smooth-Latin- Disco Learn all the right moves whether you are a beginner, intermediate, or an advanced dancer. Focus is on basic lead & follow, floor craft, music and style.

One hour of instruction and half hour of supervised practice.

No partner required.

Touch Dancing staff are professional members with the National Dance Council of America. Go to www.touchdancing.com for more information.

6 Classes / Ages: 18+

Winter: Mondays, January 30 - March 5

Spring: Mondays, April 16 - May 21

7:00 - 8:30pm / GYCC Room A

Residents: \$65 / Non-Residents: \$75



DANCE

HIP HOP

Instructor: Adam Baranello of A&G Dance Company

This is an exercise based dance class that is fun! You will learn simple dance patterns that will build and develop over the session. You won't even realize you're working out because you're having so much fun! You will also learn moves that you can bust out at parties to show off to your friends!

Sneakers or comfortable shoes recommended. Adam co-owns his own dance company emphasizing dance education, choreography and performance. Adam is also a professional performer.

Ages: 14+

7 Classes / **Winter:** Saturday, January 28-March 24 / **No Class 2/4, 2/11**

4 Classes / **Spring I:** Tuesdays, April 7-April 28

7 Classes / **Spring II:** Tuesdays, May 12-June 23

12:00 - 1:00pm / GYCC Room A

7 Class Session: Residents: \$42 / Non-Residents: \$52

4 Class Session: Residents: \$24 / Non-Residents: \$29

TAP DANCE TEEN / ADULT

Instructor: Gail Benevente of A&G Dance Company

Intermediate level tap for adults & teens. Must know some tap, or be able to pick it up quickly. Learn how to tap dance with barre work and across the floor and center floor exercises. Class will progress every week. Must bring tap shoes. Gail has been teaching for over 15 years and co-owns her own dance company emphasizing in dance education, choreography, and performance.

Ages: 14+

7 Classes / **Winter:** Tuesdays, January 24 - March 13 / **No Class 2/7**

4 Classes / **Spring I:** Tuesdays, April 10 - May 1

7 Classes / **Spring II:** Tuesdays, May 8 - June 19

7:15 - 8:15pm / GYCC Room A

7 Class Session: Residents: \$42 / Non-Residents: \$52

4 Class Session: Residents: \$24 / Non-Residents: \$29

DANCE

AERIAL SILK CONDITIONING FOR BEGINNERS

Instructor: April of Aerial Fitness

Learn the basics of silk work. Basic conditioning on the silks. Learn climbs, lifts, inversions, stretching, and sculpting techniques in this class. A sure total body workout. All while having fun and looking great.

6 Classes / Ages: 18+

Saturdays, January 28-March 3

11:00am - 12:00pm / Aerial Fitness & Natural Wellness Center

38 West Main St. Riverhead

Residents: \$81 / Non-Residents: \$91

AERIAL SILK CONDITIONING INTERMEDIATE

Instructor: April of Aerial Fitness

Now that you know the basics of silks we move on to the fun stuff...flips, jumps, drops, and tricks! Be ready to join the circus when you're done!

6 Classes / Ages: 18+

Saturdays, March 17- April 21

11:00am - 12:00pm / Aerial Fitness & Natural Wellness Center

38 West Main St. Riverhead

Residents: \$81 / Non-Residents: \$91

THE BIGGEST LOSER CHALLENGE

Instructor: Cherie Paveglio

Lose weight, feel great, and stay healthy with this fun class for all levels. Body weight will be taken weekly with measurements taken the first week and the last week (optional weigh-in and measuring). A rewarding cardio and total-body toning class with a Certified Personal Trainer will follow. You will learn to use free weights properly and how to maximize calorie burn.

Wear comfortable athletic clothing and sneakers. Bring assorted weights (2lbs, 5lbs, 8lbs) and a mat for floor exercises. OUR LAST BIGGEST LOSER CLASS HAD TWO WINNERS- 23.2LBS AND 10.2LBS LOST! Join Cardio Sculpt classes on Wednesdays for added results and a discount.

Save \$10 when signing up for Cardio & Sculpt and the Biggest Loser.

7 Classes / Ages: 13+

Winter: Mondays, January 23 - March 12 / **No Class 2/20**

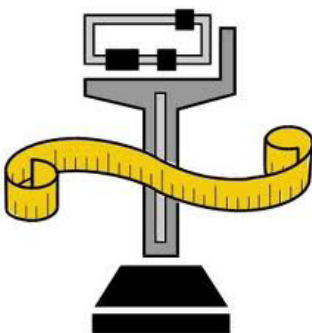
Spring I: Mondays, March 19 - April 30

Spring II: Mondays, May 7- June 25 / **No Class 5/28**

Weigh In: 5:30-6:00pm / Class: 6:00-7:30pm

Human Resource/Senior Center

Residents: \$35 / Non-Residents: \$45



CARDIO KICKBOXING FUSION

Instructor: April of Aerial Fitness

This high energy cardiovascular workout consists of jabs, hooks, squats, lunges, kicks, and lots of core work to get you the body you always wanted. Melt calories and sculpt your body all while having fun! Burn up to 800 calories per class!

7 Classes / Ages: 18+

Winter: Tuesdays, January 24 - March 6

Spring I: Tuesdays, March 20 - May 1

Spring II: Tuesdays, May 8 - June 19

9:30 - 10:30am / Aerial Fitness & Natural Wellness Center

38 West Main St., Riverhead

Residents: \$83 / Non-Residents: \$93



CARDIO & SCULPT

Instructor: Cherie Paveglio

Come enjoy a fun rewarding cardio/strengthening/toning class for all levels. Work with a Certified Personal Trainer to learn proper use of free weights. Expect high calorie burn. Bring assorted weights (2lbs, 5lbs, 8lbs) and a mat for floor exercises. Wear comfortable athletic clothing and sneakers. Join Biggest Loser classes on Mondays for additional results and enjoy a discount as well.

Save \$10 when signing up for Cardio & Sculpt and the Biggest Loser.

7 Classes / Ages: 15+

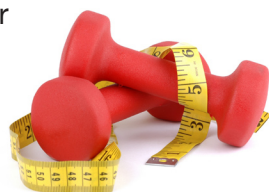
Winter: Wednesdays, January 25 - March 14

Spring I: Wednesdays, March 21 - May 2

Spring II: Wednesdays, May 9 - June 20

5:45 - 7:15pm / Human Resource/Senior Center

Residents: \$40 / Non-Residents: \$50



EXERCISE & WELLNESS

STRETCH TOWEL CLASS



Instructor: Karen Tumilowicz

The stretch towel is a superior stretching device that applies the right amount of resistance to the muscle and joint. The patent pending design allows you to get a better, safer stretch than rubber exercise bands or stretching on your own.

Stretching on a regular basis will enhance flexibility, and mental and physical relaxation. Regular stretching will reduce injury to muscles, tendons and ligaments, and also reduce muscular soreness and tension. The stretch towel class begins with a warm-up followed by a complete body stretch utilizing many different stretches.

6 Classes / Ages: 18+

Winter: Tuesdays, January 24 – February 28

Spring: Tuesdays, March 20 – April 24

7:30 – 8:15pm/ Riverhead Human Resource Center

Residents: \$67 / Non-Residents: \$77 / **Additional cost for stretch towel, \$35 payable to instructor at 1st class.**

TAI CHI & QI GONG

Instructor: Denise Gillies

Live happy and be well. Reduce stress, activate self-healing properties, improve balance, flexibility and mental focus through this mind, body and spirit practice. Through this ancient form of Chinese exercise and meditation, you will learn simple fluid movements, deep breathing rhythms and visualization techniques to create inner energy and peace.

This program is beneficial to all ages and levels of physical fitness. Participants are asked to wear comfortable clothing and bring a yoga mat to the program.

6 Classes / Ages: 18+

Winter: Tuesdays, January 24 – February 28

Spring: Tuesdays, March 20 – May 1 / **No Class 4/10**

5:00 – 6:00pm / George Young Community Center

Residents: \$58 / Non-Residents: \$68

MEN'S TRX



Instructor: Matt C. of Aerial Fitness

Men, train like a Navy Seal in this revolutionary way of training. Work harder than you ever have before using TRX suspension harnesses and your own body weight for a complete and rigorous workout. Classes infused with Kettlebells and ropes to further challenge you.

7 Classes / Ages: 17+

Winter: Tuesdays, January 24 - March 6

Spring: Tuesday, March 20 - May 1

6:00 - 6:55pm / Aerial Fitness & Natural Wellness Center

38 West Main St., Riverhead

Residents: \$83 / Non-Residents: \$93

TRX SCULPT FUSION



Instructor: April of Aerial Fitness

Train yourself in a new way and see results! Your favorite TRX class fused with circuits of cardio, calisthenics, plyometrics, basic drills and weights.

7 Classes / Ages: 18+

Winter: Mondays, January 26 - March 8

Spring I: Mondays, March 22 - May 3

Spring II: Mondays, May 10 - June 21

9:30 - 10:30am / Aerial Fitness & Natural Wellness Center

38 West Main St., Riverhead

Residents: \$83 / Non-Residents: \$93

WOMEN'S WELLNESS WORKOUT

Instructor: GymNation

The Women's Wellness Program incorporates the GymFit program with higher reps, lighter weights, tactics to lengthen and shape lean muscles. These classes are customized tailored workouts for all fitness levels and are open only to women.

4 Classes / Ages: 18+

Winter: Fridays, January 27 – February 17

Spring: Fridays, March 9 – March 30

5:00 - 5:45pm / GymNation / 1074 Pulaski Street, Riverhead

Residents: \$47 / Non-Residents: \$57



CANDLELIGHT RESTORATIVE YOGA

Instructor: Katie Reeve, RYT

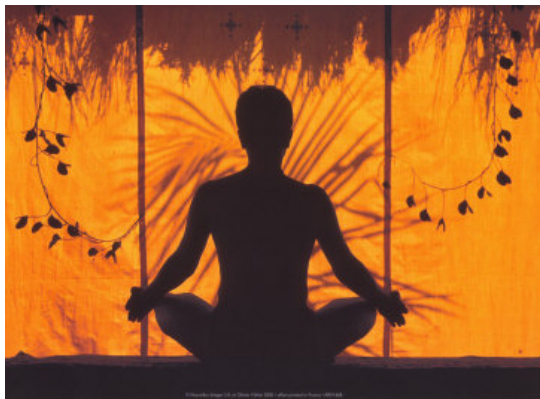
Take some time to treat yourself after a busy holiday season by renewing your mind, body, and spirit with Candlelight Restorative Yoga. A gentle yoga which focuses on increasing flexibility and getting in tune with your body/breath connection. Great for all levels of yoga experience.

6 Classes / Ages: 18+ / 16+ with participating parent

Thursdays, January 26-March 6

6:00 - 7:00pm / GYCC Room A

Residents: \$68 / Non-Residents: \$78



KOGA WORKOUT



Instructor: Karen Tumilowicz

The Koga Workout is a unique form of creative exercise that reduces your body fat, firms and tones your muscles, increases energy levels, decreases your stress levels and increases ones self-esteem and well being.

Koga incorporates the combination of kickboxing & yoga into a high energy intense full body workout which includes core training, stability & balance training, cardiovascular training and strength training. Koga is for everyone! Every class is different, and is all about being positive and motivating.

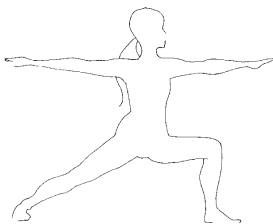
6 Classes / Ages: 18+

Winter: Tuesdays, January 24 – February 28

Spring: Tuesdays, March 20 – April 24

6:30 – 7:15pm / Riverhead Human Resource Center

Residents: \$73 / Non-Residents: \$83



MORNING YOGA

Instructor: Rosemary Martilotta

Hatha yoga class aimed toward increasing flexibility, circulation, and strength. Instruction Includes back therapy and stress reduction techniques. All levels welcome.

8 Classes / Ages: 14+

Winter: Wednesdays, January 25 - March 21

Spring I: Wednesdays, April 18 - June 6

9:00 - 10:30am / GYCC Room A

Residents: \$70 / Non-Residents: \$80

EXERCISE & WELLNESS

YOGA VINYASA FLOW

Instructor: Katie Reeve, RYT

Vinyasa Flow Yoga is a great way to increase flexibility, endurance, and strength, while improving posture and inner peace. Focus on connecting body movement with your breath.

Open level- everyone is welcomed, from beginners to experienced yogis.

6 Classes / Ages: 18+ / 16+ with participating parent

Thursdays, March 22 - April 26

6:00 - 7:00pm / GYCC Room A

Residents: \$71 / Non-Residents: \$81

YOGALATES TEEN / ADULT

Instructor: Adam Baranello of A&G Dance Company

A total body workout combining yoga and Pilates that is designed to incorporate the elements of breathing and stretching from yoga with strengthening and toning from Pilates. Yoga mat required.

Adam co-owns his own dance company emphasizing in dance education, choreography and performance. Adam is also a professional performer and artist.

Ages: 13+

Session I:

7 Classes / **Winter:** Saturdays, January 28-March 24 / **No class 2/4, 2/11**

4 Classes / **Spring I:** Saturdays, April 7 - April 28

7 Classes / **Spring II:** Saturdays, May 12 - June 23

10:00 - 11:00am / GYCC Room D

Session II:

7 Classes / **Winter:** Tuesdays, January 24-March 13 / **No class 2/7**

4 Classes / **Spring I:** Tuesdays, April 10 - May 1

7 Classes / **Spring II:** Tuesdays, May 8 - June 19

7:15 - 8:15pm

7 Class Session: Residents: \$42 / Non-Residents: \$52

4 Class Session: Residents: \$24 / Non-Residents: \$29



ZUMBA

Instructor: Irina Gentile

Ditch the workout and join the party! You don't even need to know how to dance. Zumba fuses latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away.

Zumba participants achieve long term health benefits while experiencing an absolute blast in one exhilarating hour of caloric-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! Wear sneakers and bring water.

7 Classes / Ages: 18+

Session I:

Winter: Tuesdays, January 24 - March 13 / **No class 2/21**

Spring I: Tuesdays, March 27 - May 15 / **No Class 4/10**

Spring II: Tuesdays, May 22 - July 3

9:30 - 10:30am / GYCC Room A

Session II:

Winter: Wednesdays, January 25 - March 14 / **No Class 2/22**

Spring I: Wednesdays, March 21 - May 9 / **No Class 4/11**

Spring II: Wednesdays, May 16 - June 27

6:30 - 7:30pm / GYCC Room A

Residents: \$58 / Non-Residents: \$68

ZUMBA GOLD

Instructor: Irina Gentile

This course is specifically designed for those that may need exercise modifications, the true beginner, or the active older adult populations. It brings the same exciting Latin and international dance rhythms from the original Zumba program but in a modified form. (see Zumba class description below). Wear sneakers and bring water.

7 Classes / Ages: 18+

Winter: Tuesdays, January 24 - March 13 / **No class 2/21**

Spring I: Tuesdays, March 27 - May 15 / **No Class 4/10**

Spring II: Tuesdays, May 22 - July 3

10:00 -11:30am / GYCC Room A

Residents: \$58 / Non-Residents: \$68

COACHING CLASS

Instructor: TBD

This class is ideal for people who are interested in coaching or who are currently coaching on the youth level in the CYO's, PAL's, Little league and any other youth orientated sports program. The course covers areas such as liability, Section XI policies, techniques and philosophies in coaching and much more. Sports specific sessions will be included as well.

6 Classes / Ages: 19+

Tuesdays, February 28- April 3

7:00 – 9:00pm / Riverhead Rec Dept.

Residents: \$50 / Non-Residents: \$60



DIGITAL CAMERA WORKSHOP

Instructor: Judy McCleery

That little digicam in your pocket or purse sure is handy to have at the ready whenever that Kodak moment arrives, but even the simplest cameras can seem intimidating with all of those buttons, dials and mysterious looking icons. It's hard to know which button deletes, and which activates the flash.

Southold-based digital photo guru Judy McCleery will lead a two hour workshop to help you understand your camera so you can make the most of its special features.

Bring your camera, your instruction manual, a fully charged battery and empty memory card so you can practice the techniques you will learn right away. Registrants should provide the camera make and model at time of registration. (i.e. Canon Powershot G7)

This workshop explores the buttons, dials and menus of the digital camera, showing students how select the right mode for the right moment. A review of photographic principles is also included.

The workshop covers: • Basic exposure • Camera modes • Scene Modes • Proper image exposure • Formatting memory cards • Navigating the in-camera menu

1 Class / Ages: 14+

Saturday, January 28

9:00 - 11:00am/ Human Resource/Senior Center

Residents: \$10 / Non-Residents: \$15

INTRODUCTION TO DIGITAL DARKROOM

CORRECTING EXPOSURES, RETOUCHING, AND GETTING CREATIVE WITH YOUR DIGITAL PHOTOS

Instructor: Judy McCleery

Feed your muse by getting creative with your digital photos. Developing your photos in the digital darkroom (your computer) can take you from the simple to the sublime. Local photography Judy McCleery of Vivid Visions Photo-Graphics will use Adobe Photo-shop

Elements to show you the basics of image enhancement - correcting exposure, removing red eye, erasing the ex from the family portrait, and other simple retouching techniques to make your photos pop.

You'll also get your feet wet on some advanced creative techniques to add real zing to the pictures - creating painterly effects, adding fun borders and interesting text. This course is ideal for digital photographers comfortable with managing their photo archives and are ready to make the most of their personal style.

This course will be presented in a lab and lecture format, so a laptop is helpful, but not required. Participants must be comfortable using a computer and a mouse.

5 Class / Ages: 14+

Mondays, March 12 - April 9

6:00 - 8:00pm / Human Resource/Senior Center

Residents: \$54 / Non-Residents: \$64



INSTRUCTIONAL

DOG OBEDIENCE LEVEL I

Instructor: Jeanette Friscia

The motivational method is used to train your dog to walk on a loose lead, stay, come when called, and more. Open to dogs at least 4 months old with a responsible owner. The proper type of collar and leash will be demonstrated and will be available for sale at a cost of \$10 for the collar and \$10 for the leash. Please bring a shot record to class. One handler per dog.

8 Classes / Ages: 18+

Spring I: Tuesdays, April 24 - June 12

5:30 - 6:30pm / GYCC

Spring II: Tuesdays, April 24 - June 12

6:30 - 7:30pm / GYCC

Spring III: Tuesdays, May 8 - June 19 / **No Class: 7/17**

5:30 - 6:30pm / GYCC

Residents: \$81 / Non-Residents: \$91

DOG OBEDIENCE LEVEL II

Instructor: Jeanette Friscia

Designed to be the next step after beginners. Provides distraction training and reinforces the basics to build toward the super pet. All dogs must have shots and license. One handler per dog.

8 Classes / Ages: 18+

Tuesdays, June 19- August 14 / **No Class: 7/17**

6:30 - 7:30pm / GYCC

Residents: \$81 / Non-Residents: \$91



INSTRUCTIONAL

FACETIME WITH FACEBOOK

Instructor: Judy McCleery



Facebook has become the 21st Century's coffee shop where people keep up to date with their family and friends, explore hobbies and other areas of interest and share just about anything. If you want to stay connected, a Facebook account is a virtual necessity, and it's quite easy and fun to use.

If you're ready to join, this 4 week course will show the ropes, so you can get started on the right foot. This workshop will explore the Facebook interface from joining to posting comments, finding new friends, interacting with old pals, and browsing around. We'll also review some safe web practices, sharing photos, and of course web etiquette, so you can keep your new-found friends.

4 Classes / Ages: 14+

Tuesdays, April 3 - April 24

6:00 - 8:00pm / Human Resource/Senior Center

Residents: \$41 / Non-Residents: \$51



HUNTER'S EDUCATION: BOWHUNTERS

Instructor: Paul Trampakolous

The free course is required for first-time hunters who wish to obtain a bowhunting license. Safe equipment handling combined with responsible, ethical hunter conduct and prudent hunting skills will be covered, as well as the things that make bowhunting a special challenge. Pre-course work is required and space is limited.

Students must be residents of New York State and be 11 or older as of March 31st. (Participants who are age 11 may take the course but cannot receive their license until they are 12 years of age). A parent or legal guardian must accompany and register students 16 years of age and younger in person.

Photo Identification is required for adults and a photo identification and/or a copy of a birth certificate is required for minors.

Registration begins Tuesday, February 7. Registration is handled on a first-come, first-served basis.

DO NOT BRING A BOW TO CLASS
DO DRESS FOR OUTDOOR ACTIVITIES
DO BRING PENCILS AND PAPER
DO BRING LUNCH TO CLASS

Ages: 11+

Saturday & Sunday, March 31 & April 1

9:00am - 4:00pm / HPCC (4062-602 Grumman Blvd., Calverton)

Residents / Non-Residents: FREE

INSTRUCTIONAL

HUNTER'S EDUCATION: FIREARMS

Instructor: Paul Trampakolous

The free course is required for first-time hunters who wish to obtain a bowhunting license. Safe firearms handling combined with responsible, ethical hunter conduct and prudent hunting skills will be covered, as well as the things that make bowhunting a special challenge. Pre-course work is required and space is limited.

Students must be residents of New York State and be 11 or older as of March 10. (Participants who are age 11 may take the course but cannot receive their license until they are 12 years of age). A parent or legal guardian must accompany and register students 16 years of age and younger in person.

Photo Identification is required for adults and a photo identification and/or a copy of a birth certificate is required for minors.

Registration begins Tuesday, February 7. Registration is handled on a first-come, first-served basis.

**DO NOT BRING A FIREARM TO CLASS
DO DRESS FOR OUTDOOR ACTIVITIES
DO BRING PENCILS AND PAPER
DO BRING LUNCH TO CLASS**

Ages: 11 -65

Saturday & Sunday, March 10 & March 11

9:00am - 4:00pm / HPCC (4062-602 Grumman Blvd., Calverton)

Residents / Non-Residents: FREE



INSTRUCTIONAL

LANDSCAPE PHOTOGRAPHY

Instructor: Brian R. Lee

We see them all the time in travel brochures, travel magazines, postcards and calendars. A good landscape photograph is a glorious sight! This workshop will cover the fundamentals of advanced camera settings such as aperture and shutter priority, program mode and manual mode. We will review manual focusing, exposure and composition to help you improve your landscape photography.

You will learn various aspects of focusing and appropriate camera positioning, as well as how to properly use filters and the importance of framing devices in your landscapes. The workshop is a combination of lectures and field trips to help you shoot more comfortably. Single lens reflex camera and tripod is required.

Please review your manual for camera controls before the first class

6 Classes / Ages: 18+

Mondays / Wednesdays, May 9 – June 13

6:30 – 8:50pm / Human Resource/Senior Center

Residents: \$65 / Non-Residents: \$75



BASEBALL UMPIRING INSTRUCTION

Instructor: Mark Stark

Baseball umpires play a crucial role in every game and one missed call can change the result, so the pressure is always on to be right.

Learning the proper skills and position it takes to be an umpire, is vitally important to ensuring your doing the best job you can on the field.

This class is designed to help teach the basics of baseball umpiring to prepare students for working little league baseball games. The class will examine the rules of little league baseball as well as proper positioning and mechanics.

No experience is necessary to attend this class.

(Attendance in this class does not guarantee employment)

For additional info, call 631-727-5744 x28

4 Classes / Ages: 15+

Saturdays, March 3 - March 24

12:00 - 4:00pm / GYCC Room D

Residents: \$47 / Non-Residents: \$57





YES, YOU CAN SING!

Instructor: Maribeth Mundell



Did you always want to sing, but thought you couldn't or never had the chance? Small group settings provide a supportive environment where students are encouraged to have fun exploring their creativity and vocal potential.

Students will learn proper vocal techniques, breathing exercises, and breathing techniques to develop their voices, build self-confidence, and increase musical awareness.

The program concludes with a performance by participants.

6 Classes / Ages: 18+

Winter: Mondays, January 23 - March 5 / **No Class 2/20**

Spring: Mondays, April 16 - May 21

7:00 - 8:30pm / Human Resource / Senior Center Auditorium

Residents: \$35 / Non-Residents: \$45

INSTRUCTIONAL

ADULT GOLF CLINIC

Instructor: Calverton Links

These classes are designed to enhance a golfer's skill level and performance regardless of prior experience. PGA professional instructors cover fundamentals of all parts of the game including: putting, chipping, pitching and full swing. Instruction begins at the tee and moves out to the green as the class progresses. Students will also learn how to use various clubs.

Classes are not overbooked, so students receive individual, as well as group, instruction. Please bring your own clubs.

Class Size Limited.

5 Classes / Ages: 18+

Mondays / Wednesdays, April 16 - April 30

5:30pm – 6:50pm / Calverton Link Golf Course

Residents: \$98 / Seniors: \$88

Non-Residents: \$108 / Seniors: \$98



MENS SOFTBALL LEAGUE

Interested in joining a Men's Softball League on Weeknights this season? Riverhead Recreation is now accepting full team registrations for our 24* game season held at Stotzky Park.

The league is open to Men's teams of players aged 18 and up. Season begins May 14th*, doubleheaders are played Mondays or Wednesday nights.

If you have a full team looking to register or need more details on how to create one, contact Tom at the Recreation Dept at 631-727-5744 x28.

All fees must be paid in full prior to the season.

Individuals looking to get on a team can call the Recreation Office or email recreation@riverheadli.com to get on the Free Agent List.

*Subject to change

Ages: 18+

Mondays / Wednesdays, May 15 - August 31

7:45pm

Fees: call 631-727-5744 x 28 or email filgate@riverheadli.com for details



OVER 50 SOFTBALL LEAGUE

Riverhead Recreation is now accepting full team registrations for our 20* game season held at Stotzky Park for Over 50 men's softball teams.

The league is open to Men's teams of players aged 50 and over. Season begins May 15th*, games are played Tuesday and Thursday nights.

If you have a full team looking to register or need more details on how to create one, contact Tom at the Recreation Dept at 631-727-5744 x28.

All fees must be paid in full prior to the season.

Individuals looking to get on a team can call the Recreation Office or email recreation@riverheadli.com to get on the Free Agent List.

*Subject to change

Ages: 50+

Tuesdays / Thursdays, May 15 - August 31

7:00 & 8:15pm

Fees: call 631-727-5744 x 28 or email filgate@riverheadli.com for details

BEGINNERS TENNIS

Instructor: Dennis Doherty

Learn rules, scoring, and basic strategy. The fundamentals of forehand, backhand, serve, net play, and more will be covered via drills and fun games. Students must provide own racquet.

8 Classes / Ages: 18+

Mondays / Tuesdays, June 4 - 26 / Rain Dates: June 6, 13, 20, 27
6:30 - 8:00pm / SJP Tennis Courts

Residents: \$98 / Non-Residents: \$108

CARDIO TENNIS

Instructor: Bob Lum

This program is designed to build up the fundamental skills of tennis and develop endurance with speed and agility training. This is an excellent program for pre-season training prior to Spring tennis.

5 Classes / Ages: 10 - 19 Coed
Tuesdays, January 17 - February 14
7 - 7:50pm / Phillips Avenue Gymnasium
Residents: \$24 / Non-Residents: \$34

INDOOR TENNIS

Instructor: Bob Lum

This program is designed to build up the fundamental skills of tennis and develop basic skills and strategies to play and improve your game.

5 Classes / Ages: 16+
Tuesdays, January 17 - February 14
8:00 - 9:30pm / Phillips Avenue Gymnasium
Residents: \$24 / Non-Residents: \$34

INTERMEDIATE TENNIS

Instructor: Dennis Doherty

Review of various strokes, strategy, and net play. Course will include both drills and fun games. Students must provide own racquet.

8 Classes / Ages: 18+
Mondays / Tuesdays, June 4 - 26 / Rain Dates: June 6, 13, 20, 27
8:00 - 9:30pm / SJP Tennis Courts
Residents: \$98 / Non-Residents: \$108

SPORTS

BUS TRIPS

DORA'S PIRATE ADVENTURE

Wednesday, February 22

Join us over winter break as we join Dora, her best buddy Boots the Monkey, and the rest of their friends embark on an exciting trip to Treasure Island at Creative Ministries in Oakdale. The audience helps them navigate over Dancing Mountain, through Silly Singing Bridge and to confront the Pirate Piggies.

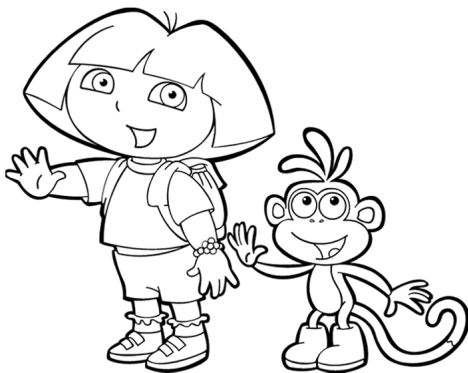
Along the way, the audience will use their map-reading, counting, musical and language skills to successfully help Dora reach the treasure. All ends happily onstage with a "yo-ho-ho!"

Price includes round trip transportation and a ticket to the show.

All Ages

Recreation Bus leaves Stotzky Park at 9:30am for the 11:00am performance.

Residents: \$14 / Non-Residents: \$19



BUS TRIPS

NY ISLANDERS VS. NY RANGERS

Friday, February 24

Witness the New York hockey rivalry first hand as the NY Islanders host the New York Rangers in a 7:00pm game. Seats are in the Upper Mezzanine.

Under 18 must be accompanied by an adult 21 & over. Waiver Required. Non-refundable.

All ages

Bus leaves at 4:30pm for an 7:00pm game. Price includes round trip Recreation Bus transportation and a ticket.

Residents: \$37 / Non-Residents: \$47



EMPIRE CITY CASINO

Saturday, March 3

Take a trip to one of New York's newest attractions. Empire City has a full variety of exciting game themes, including Wheel of Fortune, Video Poker, Progressives and Keno; with individual and multi-denominations ranging from 1¢ to \$100, as both reels and video games.

Bonus Package: TBA

18+

Bus leaves 10:00am- and leaves to return at 6:00pm

Residents: \$18 / Non-Residents: \$23

HAIR SPRAY

Saturday, March 10

Join us as at Creative Ministries in Oakdale as Tracy Turnblad, an overweight high-school student whose only dream is to be on a local Baltimore teen dance program. While her father tells her to follow her dreams, her mother Edna reminds her that she doesn't look like the girls on that show.

After impressing the show's host, Tracy earns a coveted spot on the program, but when she becomes a popular addition to the cast, she earns the wrath of the prettiest girl in school -- a girl whose mother just happens to operate the local television station. Tracy's visit to detention hall opens her eyes to the racial tension on the show, as does the budding relationship between her best friend and an African-American boy named Seawee. Thus empowered, Tracy attempts to integrate the races on her favorite program.

Bus leaves at 6:30pm for an 8:00pm Show. Price includes round trip Recreation Bus transportation and a ticket.

Resident Adult: \$30 / Senior: \$28 / Student: \$25

Non-Resident Adult: \$35 / Senior: \$33 / Student: \$30



MICHAEL JACKSON IMMORTAL WORLD TOUR CIRQUE DU SOLEIL

Saturday, April 7

A riveting fusion of visuals, dance, music and fantasy that immerses audiences in Michael's creative world and literally turns his signature moves upside down, Michael Jackson THE IMMORTAL

World Tour unfolds Michael Jackson's artistry before the eyes of the audience.

Aimed at lifelong fans as well as those experiencing Michael's creative genius for the first time, the show captures the essence, soul and inspiration of the King of Pop, celebrating a legacy that continues to transcend generations.

Under 18 must be accompanied by an adult 21 & over. Non-refundable. Waiver Required. Tickets are in the 300 level.

Bus leaves Stotzky at 5:30pm for an 8:00pm show and leaves Nassau Coliseum to return home following the show.

Residents: \$98 / Non-Residents: \$103



BUS TRIPS

DO AS YOU PLEASE NEW YORK CITY

Saturday, April 21

Take in the sights and sounds of New York City. You're on your own for the day! See a Broadway show, enjoy shopping in SoHo, stroll through Central Park, and much more.

The Hampton Jitney Bus leaves Stotzky Park Parking Lot at 9:00am. Drop Off Points: 45th&Broadway; American Museum of Natural History; The Metropolitan Museum of Art. There is ONE pick-up location: 5:00pm between 5th & 6th Ave. on 42nd Street behind the Library at Bryant Park, near the Public Restrooms. Waiver required.

All ages, under age 18 must be accompanied by an adult. Bus Leaves Stotzky at 9:00am and leaves at 6:00pm to return home.

Residents: \$25 / Non-Residents: \$30



BROOKLYN BOTANICAL GARDENS & ART MUSEUM

Saturday, April 28

Watch Mother Nature show off as she shakes off winter's snowy blanket and awakens the budding trees and shrubs and flowering bulbs for spring's special show. The Brooklyn Botanic Garden's collections of spring flowering trees and shrubs is a visual feast for the gardener and flower lover in all of us.

Depending on the weather, collections typically in bloom at this time of year include cherry trees, crab apples, lilacs, tree peonies, magnolias, dogwoods, tulips, orchids, and so much more.

Also consider a visit to the Brooklyn Museum of Art, located on the same block as the Garden entrance. Combination tickets are available for the gardens and the museum, so you can enjoy them both. The Gardens and the Museum both offer a café for lunch, as picnicking on the grounds is not permitted.

Price includes round trip transportation, tickets are purchased on your own. **Prices from 2011 are: Botanical Garden:

Children under 12 free.

\$8 Adults**

\$4 Seniors 65 and over**

\$4 Students with a valid id **

Museum of Art: Children under 12 free

\$10 Adults**

\$6 Seniors 65 and over**

\$6 Students with a valid id**

Discounted combination ticket available on site

Please call beginning in March for 2012 ticket pricing.

Bus leaves Stotzky Park at 8:30am and leaves the Garden to return at 4:30pm

Residents: \$22 / Non-Residents: \$27

BUS TRIPS

BROOKLYN FLEA MARKET

Saturday, May 19

Founded in April 2008, Brooklyn Flea has grown into one of New York City's top attractions, operating flea markets every weekend of the year that feature hundreds of top vendors of antique and repurposed furniture, vintage clothing, collectibles and antiques, as well as a tightly curated selection of jewelry, art, and crafts by local artisans and designers, plus delicious fresh food.

The New York Times called the Flea "One of the great urban experiences in New York"; Country Living, Budget Travel, and Delta Sky ranked the Flea one of the best markets or antiques shows in the U.S.; and Time Out NY named the Flea one of New York's Essential Pick-Up Spots.

Under 18 must be accompanied by an adult 21 and over.
Bus leaves Stotzky Park at 8:30am and leaves the Flea Market at 3:00pm.

Residents: \$22 / Non-Residents: \$27



NATIONAL SEPTEMBER 11 MEMORIAL AND SOUTH STREET SEAPORT

Saturday, June 2

The newly opened National September 11th Memorial is a tribute of remembrance to the nearly 3,000 people killed in the terror attacks of September 11, 2001 at the World Trade center site, near Shanksville, PA, and at the Pentagon, as well as the six people killed in the World Trade Center bombing in February 1993.

After this self guided tour, we will head to South Street Seaport... Get in touch with Old New York. Several hundred years ago, the district served as the main trade and business center for Manhattan. Now, visitors wander through the quaint cobblestone streets and 19th Century brick buildings and find a massive visitor center, complete with restaurants and a shopping mall on Pier 17 offering stunning views of the East River.

Price includes round trip Hampton Jitney transportation to the World Trade Center Memorial and South Street Seaport. All meals are on your own. Waiver required.

Bus leaves Stotzky Park at 8:00am and will leave South Street Seaport at 4:00pm to return home.

Residents: \$22 / Non-Residents: \$27



BUS TRIPS

BRONX ZOO

Saturday, June 16

Come with us for a fabulous experience at this award-winning, cutting-edge zoological park.

Your “Total Experience Ticket” includes: General Admission, Wild Asia Monorail, the Children’s Zoo, Congo Gorilla Forest, Butterfly Garden, Zoo Shuttle unlimited.

Enjoy the day on your own with this excellent package.

Hampton Jitney bus leaves Stotzky Park at 8:30am and leaves the zoo at 4:30pm to return home.

All, Under age 18 must be accompanied by an adult. Resident

Adult: \$38 / Senior: \$27 / Children: \$24

Non-Resident Adult: \$43 / Senior: \$32 / Children: \$30

SPECIAL EVENTS

MAD SCIENCE SLIME TIME WORKSHOP

Saturday, January 28

Instructor: Mad Science of Long Island

Ooze into a gooey hour of sliming around! Create slime using the Mad Science recipe, and then enter the Slime Olympics! Take home your own concoction of “Mad Science Slime”.

Limited Space- Must Register in Advance.

Call 727-5744 ext. 30 for weather related cancellations.

Ages: 5 -12 years

10:00 -11:00am / Senior Center

Cost: \$10

MAD SCIENCE DETECTIVE SCIENCE WORKSHOP

Saturday, January 28

Instructor: Mad Science of Long Island

Step into the role of a detective and discover how forensic science works to solve crimes. Create and analyze fingerprints and teeth impressions. Discover how written materials can be analyzed to help solve a crime. Put your observation skills to the test and find out if you would make a good witness! Take home a "Mad Science Personal Profile Kit" where you can test your forensic science skills.

Limited Space- Must Register in Advance.

Call 727-5744 ext. 30 for weather related cancellations.

Ages: 5 -12 years

11:15am-12:15pm / Senior Center

Cost: \$10

THE JUMPBUNCH 60 SECOND CHALLENGE

Saturday, February 4

Saturday, March 3

Instructor: JumpBunch Sports & Fitness

Children will be divided into teams and each team will compete in all challenges. Every challenge has to be completed in 60 seconds. Teams will be given points for each challenge based on what place they come in.

At the end of the program points will be totaled and the winning team will receive a small prize. Games will be age appropriate and similar to games played on the show, Minute to Win it. Fun for all, a great time is guaranteed! Sign up for one, or both!

Ages: 6 -12 years

10:00 - 11:00am / Riverhead Human Resource/Senior Center

Cost: \$12 per day

FATHER / DAUGHTER VALENTINE'S DANCE

Saturday, February 4

Mark your calendar for the social event of the year that no girl will want to miss! Daddies and their special ladies are encouraged to dress their best and join us for dancing, refreshments, games and memories to cherish for a lifetime.

Complementary Photograph to be taken by Professional Photographer. Refreshments will consist of snacks, finger foods and beverages.

Registration must be done in advance; no registrations will be taken at the door. Registration deadline is Monday, January 29th.

For additional details, call 631-727-5744 x28

All Ages

Session I: 5:00 – 7:00pm / Human Resource / Senior Center

Session II: 7:30 – 9:30pm / Human Resource / Senior Center

Residents: \$11 per couple / Non-Residents: \$21 per couple

Each additional child: \$4

MAD SCIENCE UP, UP & AWAY!

Saturday, February 11

Instructor: Mad Science of Long Island

Boys and Girls ages 4-12 will be amazed at the awesome properties of air pressure and what it can do to a roll of toilet paper. How do planes fly? Why can't you take apart a ball no bigger than a softball? The amazing answers await within the Up, Up, and away Show.

Ages: 4 -12 years

11:00 -11:45am / Human Resource/Senior Center

FREE

MOTHER / SON VALENTINE'S DANCE



Saturday, February 11

Mothers and Sons also have the chance to spend a special day together at our first ever Mother/Son Valentine's Dance. So Mom's, Aunts, Grandma's and more can accompany their special boy to an evening of dancing and fun.

Complementary Photograph to be taken by Professional Photographer. Refreshments will consist of snacks, finger foods and beverages.

Registration must be done in advance; no registrations will be taken at the door. Registration deadline is Monday, February 6th.

For additional details, call 631-727-5744 x28

All Ages

6:00 – 8:00pm / Human Resource / Senior Center

Residents: \$11 per couple / Non-Residents: \$21 per couple

Each additional child: \$4

THE JESTER JIM SHOW

Saturday, March 10

With nothing more than a truck full of props and his non-laced Adidas, Jester Jim takes the stage and starts his show. Young and old are glued to his every sound as he performs his amazing beatbox intro. Kids and parents alike can't seem to get enough of Jim and his plungers.

No Registration Necessary.

Call 727-5744 ext. 30 for weather related cancellations

Ages: 4+

11:00-11:45am / Human Resource/Senior Center

FREE



EGG HUNT

Saturday, March 31

Children ages 0-9 are welcome to join us for a morning of egg hunting and fun! Lucky egg finders will receive additional prizes. Please bring your own basket or bag. The bunny will be available for pictures, so bring your camera!

Please arrive early, the events start promptly at the scheduled times. Parents may only accompany the 4 & under age group during the egg hunt.

Open to residents only.

For rainout/cancellation information please call 727-5744 ext. 30 the morning of the event.

Ages: 0-9

4 & Under: 10:00am / Stotzky Park Field 1

Ages 5-6: 10:30am / Stotzky Park Field 2

Ages 7-9: 11:00am / Stotzky Park Field 1

FREE

SPRING FLING BMX COMPETITION AND DEMO

Sunday, April 1

Sponsored by the Port Jeff Bike Doctor

Riverhead Skate Park welcomes Professional BMX Riders for a Meet & Greet and Demo for the fans, followed by a Professional and Amateur Contest where the contestants will show their best tricks!

A DJ and Live Bands will provide the soundtrack to this awesome day of high-flying bike action!

Check our Facebook page for additional details on this exciting event!

Ages: 7+

Sunday, April 1 / Rain Date TBD

2:00pm / Riverhead Skate Park

Member: \$10 / Non Member: \$20

ROLLER DISCO FRIDAYS

Roller Disco Friday's is back!

Lace up those skates and come relive the days of Roller Disco! All ages are welcome to join us for some old school disco tunes and outdoor roller skating fun!

\$5 to skate, free to spectate! Free beverages will be provided for skaters and chaperones!

Skate Rentals will be available (limited availability/first come first served) for \$5 per pair. Credit cards accepted on-site.

All Ages

Fridays, April 13, 27

Friday, May 11

Fridays, June 1, 5, 29

7:00- 9:00pm Stotzky Park Roller Rink (adjacent to Skate Park)

HORSESHOE TOURNAMENT

Saturday, April 21

Teams are comprised of two people; individuals may register and be placed on a team, if they don't want to play singles.

Tournament Details:

Participation is limited to 16 teams and 32 singles.

Participants may bring their own shoes; however, shoes will be available for use if needed.

Tournament play starts at 11am at the Stotzky Park Horseshoe Pits

Tournament play is straight double elimination.

Ages: 18+

9:30 - 10:30am (Registration) / Stotzky Park Horseshoe Pits

11:00am – Tournament begins / Stotzky Park Horseshoe Pits

Early Registration fees are \$25/person or \$40/team for individuals or teams and includes beverages provided during tournament play.

On-Site Registration (9:30am-10:30am only, on day of event) is \$35/person or \$50/team.

TENNIS TOURNAMENT

Saturday & Sunday, June 2 & 3

Instructor: Bob Lum

Singles/doubles play. Elimination round robin format. Must pre-register. No on-site registrations. Registration cutoff 5/30 at 4:30pm. You will be contacted by phone by 6/1 with your start time. Placement by age/ability. Register by 5/30.

Ages: 7th Grade - Adult

Rain Dates 6/9, 6/10

8:00am - 8:00pm / RHS Tennis Courts

Residents: \$27 / Non-Residents: \$37

SPECIAL NEEDS

SPECIAL NEEDS SPRING FLING DANCE

Saturday, May 5

Please join us for our 3rd Annual Spring fling dance for Special needs adults. Refreshments and snacks will be provided. Call 727-5744 ex 27 with questions ,chaperone requirements, and to **RSVP by May 3rd.**

Ages 21+

6:00 – 8:00pm / Human Resource / Senior Center

FREE



YOUTH BUREAU

TEEN NIGHT

Sponsored by the Youth Bureau

Teen Night provides a safe place for students in grades 5-6 to meet their friends, and socialize on Friday nights.

*No Teen Night when school is closed.

Grades: 5 - 6

Fridays, January 6 - June 8

6:00 - 8:00pm / Aquebogue Elementary School Gymnasium

RIVERHEAD IDOL

The 9th Annual Riverhead Idol Competition will take place on Saturday March 3th, 2012. The theme will be "Songs from Broadway Shows" Tickets can be purchased at Riverhead High School, at Riverhead Middle School or at the Youth Bureau Office. Tryout information will be announced at both Riverhead High School and Riverhead Middle School.

Grades: 7 - 12

Saturday, March 3, 2012

7: 00pm / Vail Leavitt Music Hall

For tickets contact Donna Lyczkowski 631-722-4444 X737

HEALTHY RIDERS: HEALTHY RIVERHEAD BIKE DAY

Sponsored by the Town Riverhead Youth Bureau Advisory Board

SAVE THE DATE!

Details for our 4th Annual Healthy Riders-Healthy Riverhead Bike Ride will be announced after January 1, 2012.

Enjoy some great exercise along our safely guided routes. Fun for the entire family!

For more information, contact Riverhead Youth Bureau at 722-4444 x 737, Riverhead Recreation Department at 727-5744 or website at www.riverheadli.com

All Ages

Sunday June 10 / **Rain Date 6/16**

Time / Location: TBD

Fee: TBD

SUMMER TEEN RECREATION

Sponsored by the Town Riverhead Youth Bureau

This program is for teens entering 7th or 8th grade in September 2012. Each week has a theme and teens can sign up for the weeks that interest them or join for the entire summer. The program will consist of specialized activities in the morning followed by beach, onsite activities and trips in the afternoons. The program runs Monday through Thursdays. Thursday will be our field trip days.

Program details will be available after the first of the year.

Teen camp registration for NEW participants will take place on April 28. Check back with the Recreation Department office after March 1 for all of the registration details, including information on the Early Morning Drop-Off programs.

YOUTH PROGRAMS

HORSE & PONY CAMP AT THE LITTLE RED BARN

Instructor: Little Red Barn

A family friendly children's farm nestled in the heart of Jamesport where children come to learn the basics of horse care, hands on grooming, saddling, and safety along with some instruction in the saddle with our certified instructor.

All participants will also have the chance to view and learn about our miniature farm animals!

Dress code: Jeans and hard soled shoes required

Camp will be held inside the barn if there is inclement weather.

*Participants should bring a snack and beverage

**For further information on discounted riding lessons for signed up pony campers, pony parties, family farm tours and our live pony carousel please call 631-566-1690.

Ages: 7+ years

Session I: Monday, 4/9, Tuesday, 4/10 & Thursday, 4/12

Session II: Saturday, 4/28 & Sunday, 4/29

Sessions III: Saturday, 5/12 & Sunday, 5/13

9:00am - 11:00am / Little Red Barn

(Located across from the Jamesport Manor Inn on Manor Lane)

Residents: \$99 / Non-Residents: \$109

THE LIL' FARMERS & MOMMY & ME DAY AT THE FARM

Instructor: Little Red Barn

A cute 1 hour session for children of all ages and their parents to interact with our miniature farm animals, take a pony ride and go home with a craft!!

Dress code: Jeans and hard soled shoes required

****Bring Your Cameras****

For further information on discounted riding lessons for signed up pony campers, pony parties, family farm tours and our live pony carousel please call 631-566-1690.

All Ages

Saturday, April 21

9:00 - 10:00am / Little Red Barn

(Located across from the Jamesport Manor Inn on Manor Lane)

Residents: \$30 / Non-Residents: \$35

WINTER RECREATION PROGRAM

Looking for something fun to do over the February break?

This program is for children in Grades K-5. Children will be split into two groups by grade level ~ Grades K-2 and Grades 3-5.

Activities will include open gym time at one of the local schools, games, crafts, and field trips. Cost includes four full days, two field trips and a t-shirt. Registration will not be taken for individual days. Students must provide their own lunch, snacks & drinks each day. Trip schedule will be available at registration.

SPACE IS LIMITED!

4 Days / Grades: K - 5

Tuesday, February 21 - February 24

9:00am - 5:00pm / GYCC 446 South Jamesport Avenue, Jamesport

Residents ONLY: \$140

SPRING RECREATION PROGRAM

Looking for something fun to do over the April break?

This program is for children in Grades K-5. Children will be split into two groups by grade level ~ Grades K-2 and Grades 3-5. Activities will include open gym time at one of the local schools, games, crafts, and field trips. Cost includes four full days, two field trips and a t-shirt. Registration will not be taken for individual days. Students must provide their own lunch, snacks & drinks each day. Trip schedule will be available at registration.

SPACE IS LIMITED!

4 Days / Grades: K - 5

Tuesday, April 10 – Friday, April 13

9:00am – 5:00pm / GYCC 446 South Jamesport Avenue, Jamesport

Residents ONLY: \$135

SUMMER RECREATION CAMP REGISTRATION

SAVE THE DATE! ~ April 28th

Summer Camp Registration for NEW Participants will take place on April 28th. Check back with the Recreation Dept. after March 1st for all of the registration details, including information on Early Morning Drop Off Programs.

Students Entering Grades: 1 - 6

Session I: Monday - Friday July 2 - July 20 / **No Camp 7/4**

Session II: Monday - Friday July 23 - August 17

9:00am - 4:45pm

Choice of 3 locations: Pulaski Street School
 George Young Community Center
 Henry Pfeifer Community Center

CAMPS

BREAK DANCING / HIP HOP FOR BOYS

Instructor: NYDC

Just the guys! This class will teach ONLY boys how to dance hip hop while incorporating some break dancing! Students should wear loose fitting clothing and sneakers.

6 Classes / Ages: 7-15 years

Winter: Mondays, February 27 - April 2

Spring: April 16 - May 21

6:30 - 7:30pm / NYDC 4472 Middle Country Road, Calverton

Residents: \$67 / Non-Residents: \$77

HIP HOP

Instructor: Adam Baranello of A&G Dance Company

Learn how to dance like the pros! Hip Hop dance is a creative expression of one's own inner style and is all about building confidence and strengthening the body. Classes will emphasize rhythm, coordination, breathing, musicality, and the techniques of this popular dance form.

Sneakers or comfortable shoes recommended.

Adam co-owns his own dance company emphasizing in dance education, choreography and performance. Adam is also a professional performer.

Ages: 7 - 12 Years

7 Sessions / **Winter** : Saturdays, January 28 - March 24 / **No Class 2/4, 2/11**

4 Sessions / **Spring I:** Saturdays, April 7 - April 28

7 Sessions / **Spring II:** Saturdays, May 12 - June 23

12:00 - 1:00pm / GYCC Room A

7 Session Classes: Residents: \$42 / Non-Residents: \$52

4 Session Classes: Residents: \$24 / Non-Residents: \$29

DANCE



INTERMEDIATE CONTEMPORARY DANCE & MOVEMENT

Instructor: Miss Gail of A&G Dance Company

An extension of Intro to Dance, class will emphasize in ballet technique and strong use of rhythm, musicality, coordination, strengthening, balance and creativity. This class will also focus on performance for the family to see at the end of the session. Class is always run in a fun and nurturing atmosphere. Miss Gail has been teaching children for over 15 years and co-owns her own dance company emphasizing in dance education, choreography and performance.

Parents are asked to wait outside with the exception of the 1st and last day of each session.

Comfortable clothing or dance wear, bare foot or ballet slippers.

Ages: 5 - 11 years

7 Sessions / **Winter** : Saturdays, January 28 - March 24 / **No Class 2/4, 2/11**

4 Sessions / **Spring I**: Saturdays, April 7 - April 28

7 Sessions / **Spring II**: Saturdays, May 12 - June 23

11:00am - 12:00pm / GYCC Room C

7 Session Classes: Residents: \$42 / Non-Residents: \$53

4 Session Classes: Residents: \$24 / Non-Residents: \$29

INTRO TO DANCE & MOVEMENT

Instructor: Gail Benevente of A&G Dance Company

Introduce your little one to the beauty and fun of contemporary dance. Class will emphasize in ballet technique and strong use of rhythm, musicality, coordination, strengthening, balance and creativity. Class is always run in a fun and nurturing atmosphere. Miss Gail has been teaching children for over 15 years and co-owns her own dance company emphasizing in dance education, choreography and performance.

Parents are asked to wait outside with the exception of the 1st and last day of each session.

Comfortable clothing or dance wear, bare foot or ballet slippers.

Ages: 3 - 4 Years

7 Sessions / **Winter:** Saturdays, January 28-March 24 / **No Class 2/4, 2/11**

4 Sessions / **Spring I:** Saturdays, April 7-April 28

7 Sessions / **Spring II:** Saturdays, May 12-June 23

10:00 - 11:00am / GYCC Room C

7 Session Classes: Residents: \$42 / Non-Residents: \$52

4 Session Classes: Residents: \$24 / Non-Residents: \$29





TAP DANCE FOR BEGINNERS

Instructor: Gail Benevente of A&G Dance Company

Learn how to tap dance in this fun and energetic class! Focus on barre and center floor exercise. There will be a performance at the end of each session. The age is mixed because tap is for everyone and can be mixed unlike a lot of forms. It will be challenging and fun!

Miss Gail has been teaching children for over 15 years and co-owns her own dance company emphasizing in dance education, choreography and performance.

Parents are asked to wait outside with the exception of the 1st and last day of each session.

Comfortable clothing or dance wear, Tap shoes.

Ages: 6 -11 Years

7 Sessions / **Winter:** Saturdays, January 28-March 24 / **No Class 2/4, 2/11**

4 Sessions / **Spring I:** Saturdays, April 7 - April 28

7 Sessions / **Spring II:** Saturdays, May 12 - June 23

12:00 - 1:00pm / GYCC Room C

7 Session Classes: Residents: \$42 / Non-Residents: \$52

4 Session Classes: Residents: \$24 / Non-Residents: \$29

GROW WITH ME CHILDREN'S YOGA MOMMY, DADDY & ME



Instructor: Mary Hasel

Anyone with a toddler knows that toddlers don't learn by sitting and studying for long periods of time. Toddlers learn through play. That's why toddlers love story time yoga! Playful and fun, your child will take an adventure as we read together children's stories.

The adventure will include age appropriate animal poses, songs, and games that help develop positive life skills.

Parent participation required.

8 Classes / Ages: 2-3 Years

Winter: Mondays, January 23 – March 19 / **No Class 2/20**

Spring: April 16 – June 11 / **No Class 5/28**

10:00 - 10:45am / GYCC

Residents: \$65 / Non-Residents: \$75

GROW WITH ME CHILDREN'S YOGA

Instructor: Mary Hasel

These creative and fun classes stimulate imagination, maintain flexibility and develop self-confidence and control. Class combines yoga poses with songs, stories, games and relaxation techniques. Parent participation is recommended, but not required

Ages: 4 - 5 Years

Winter: Mondays, January 23 – March 19 / **No Class 2/20**

Spring: April 16 – June 11 / **No Class 5/28**

11:00 - 11:45 am / GYCC

Residents: \$65/ Non-Residents: \$75



EXERCISE

TUMBLING

Instructor: NYDC

Students are taught the proper way to do forward and backward rolls, crabwalks, bridges and the proper way to stretch. Students should wear loose fitting clothing and no shoes are required.

6 Classes / Ages: 4 - 7 Years

Winter: : Mondays, February 27 – April 2

Spring: Mondays, April 16 – May 21

6:30 - 7:30pm / 4472 Middle Country Road, Calverton

Residents: \$65 / Non-Residents: \$75



ZUMBATOMICS

Instructor: : Irina Gentile

This Latin-inspired dance-fitness class incorporates Latin and international music and dance movements. This program is for kids who love to crank up the music, shake, wiggle, and have a blast with their friends. Wear sneakers and bring water.

Parents are required to stay on site.

6 Classes / Ages: 4 - 17

Winter: Wednesdays, , January 25 - March 7 / **No Class 2/22**

Spring: I Wednesdays, March 14 - April 25 / **No Class 4/11**

Spring II: Wednesdays, May 2 - June 6

5:30 - 6:15pm / GYCC Room A

Residents: \$35 / Non-Residents: \$45

INTRODUCTION TO ACTING



Instructor: Debbie Slevin

Do you dream about being on stage? Start with fun theater games. Learn to create new stories and characters that let your inner actor out! Improvisation and performance help develop imaginative thinking and boost self-confidence, while teaching real theatrical skills that can work for you every day.

Debbie Slevin is a certified teacher, writer and theater professional. She has directed youth productions in New York and New Jersey, and her writing has been included in countless national publications.

6 Classes / Ages: 6 - 8 Grade

Thursdays, February 7 - March 15 / **No Class 2/23**

5:30 - 6:30pm / Human Resource / Senior Center Auditorium

Residents: \$58 / Non-Residents: \$68

ACTING: HIGH SCHOOL WORKSHOP



Instructor: Debbie Slevin

Just starting out? Already have some stage experience? Work on the fundamentals of acting in a positive, enriching environment based on established professional techniques.

Through monologues and scenes, we will develop characters, voice and movement, and sensory access to fully inhabit the roles we play. Last class will be a presentation of monologues for invited guests.

Debbie Slevin is a certified teacher, writer and theater professional. She has directed youth productions in New York and New Jersey, and her writing has been included in countless national publications.

6 Classes / Ages: 9 - 12 Grade

Thursdays, February 7 - March 15 / **No Class 2/23**

6:30 - 7:30pm / Human Resource / Senior Center Auditorium

Residents: \$58 / Non-Residents: \$68

BRIGHT START ART ADVENTURES

Instructor: Christine Pizzi

Nurture your child's natural creativity during these critical early childhood years...Bright Start Art Adventures offers exciting "mommy and me" style art classes This special caregiver/child class is geared toward nurturing creativity through art in a group art experience. Children learn about color, texture and more through experimenting with various age-appropriate art materials.

Open-ended art activities, where the focus is on the process and not a finished "product", allows for children to reveal their emerging creativity. Stories, music, and beautiful images will provide exciting inspiration for our monthly themes.

Circle Time involves following simple directions that encourages language and socialization. Enhance early learning, build socialization skills, spend quality time together, and get messy in a safe place. Parents/caregivers will learn what they can do to help nurture creativity. No artistic talent required!

"Miss Christine" is a New York State certified public school art teacher, she is also certified in early childhood education for ages birth- 2nd grade.

PARENTAL PARTICIPATION IS REQUIRED.

Stars:	Session I: January 31 / Session II: February 1
Under the Sea:	Session I: March 6 / Session II: March 7
The Moon:	Session I: April 3 / Session II: April 4
Trees & Flowers:	Session I: May 1 / Session II: May 2
Jungle Animals:	Session I: June 5 / Session II: June 6

Session I: Tuesdays

Session II: Wednesdays

1 Class / Ages: 2 Years

10:00 - 11:00am / HPCC Art Room

1 Class / Age: 3 Years

12:00 - 1:00pm / HPCC Art Room

Residents: \$13 / Non-Residents: \$18



INSTRUCTIONAL

TAE KWON DO



Instructor: Alexa Nieves

Tae Kwon Do is a Korean form of self-defense. Tae kwon do involves discipline, technique and mental training, resulting in a strong sense of confidence, spirit and character.

When exercise is done consistently, invaluable physical and mental improvements occur. Students will develop real and lasting self-confidence. They will do exercises which develop balance, flexibility, strength, endurance, speed, memory, concentration, coordination and self-control.

One of the keys to the success of Tae Kwon Do is that the exercises are fun, the students will see results, and they will be inspired to do more. While children will of course be learning solid Tae Kwon Do basics, they will also be enhancing their motor skills and coordination—plus, more importantly, they will be learning essential “life skills” like respect, discipline and confidence.

Students must bring active performance wear (no jeans).

Please bring water and a Yoga Mat for stretching & warm-ups (there will be mats available for use if you do not have your own).

During class all students must be barefoot.

6 Classes / Ages: 7 -14 Years

Winter : Saturdays, January 28 - March 10 / **No Class 2/25**

Spring: Saturdays, March 17 - April 28 / **No Class 4/7**

Age 7 - 10: 9:00 - 10:00am / GYCC Room A

Age 11- 14: 10:00 - 11:00am / GYCC Room A

Residents: \$28 / Non-Residents: \$38

BASEBALL UMPIRING INSTRUCTION

Instructor: Mark Stark

Baseball umpires play a crucial role in every game and one missed call can change the result, so the pressure is always on to be right.

Learning the proper skills and position it takes to be an umpire, is vitally important to ensuring your doing the best job you can on the field.

This class is designed to help teach the basics of baseball umpiring to prepare students for working little league baseball games. The class will examine the rules of little league baseball as well as proper positioning and mechanics.

No experience is necessary to attend this class.

(Attendance in this class does not guarantee employment)

For additional info, call 631-727-5744 x28

4 Classes / Ages: 15+

Saturdays, March 3 - March 24

12:00 - 4:00pm / GYCC Room D

Residents: \$47 / Non-Residents: \$57



YES, YOU CAN SING!



Instructor: Maribeth Mundell

Did you always want to sign, but though you couldn't or never had the chance? Small group settings provide a supportive environment where students are encouraged to have fun exploring their creativity and vocal potential.

Students will learn proper vocal techniques, breathing exercises, and breathing techniques to develop their voices, build self-confidence, and increase musical awareness.

The program concludes with a performance by participants.

6 Classes / Ages: 8 - 12

Winter: Mondays, January 23 - March 5 / **No Class 2/20**

Spring: Mondays, April 16 - May 21

5:30 - 7:00pm / Human Resource/ Senior Center Auditorium

Residents: \$35 / Non-Residents: \$45

ADVANCED BASEBALL INSTRUCTION

Instructor: Daniel Dunn

Instructional class devoted to teaching young players the fundamentals of play and the importance of character and work ethic that will carry them forward in the game of baseball. This class teaches the fundamentals of fielding, throwing, hitting, pitching, catching, base running, and other dimensions of the game in a fun and memorable way...in a manner all players, families, and coaches can build upon.

Parent Participation encouraged

4 Classes / Ages: 12 - 16

Younger students may be allowed if space is available and they have previously completed the introductory course.

Mondays, January 30 - February 27 / **No Class 2/20**

7:00 - 7:55pm / Aquebogue Elementary School Gymnasium

Residents: \$40 / Non-Residents: \$50

BASEBALL CLINIC

Instructor: GymNation

Two hour indoor baseball clinic with GymNation at their new indoor batting cages.



1 Class / Ages: 6 - 12 years

Monday, January 16

7:30 - 9:30am / GymNation 1074 Pulaski Street, Riverhead

Residents: \$48 / Non-Residents: \$58

BASEBALL: INDOOR PITCHING

Instructor: Daniel Dunn

Instructional class designed to emphasize the fundamental mechanics of Pitching.

4 Classes / Ages: 12 - 16

Mondays, January 30 - February 27 / **No Class 2/20**

8:05 - 8:50pm / Aquebogue Elementary School Gymnasium

Residents: \$40 / Non-Residents: \$50

BASEBALL: INSTRUCTION

Instructor: Daniel Dunn

Instructional class designed to give children baseball experience through instruction of the necessary fundamentals. The program will emphasize skill-specific learning as opposed to competition.

Parental participation is encouraged for this course.

4 Classes / Ages: 8 - 11

Mondays, January 30 - February 27 / **No Class 2/20**

6:00 - 6:55pm / Aquebogue Elementary School Gymnasium

Residents: \$40 / Non-Residents: \$50

3 on 3 / 5 on 5 BASKETBALL

Instructor: Jim Janecek

This is a competitive league combining different levels of playing experience.

Ages: 7-15 years

Saturdays, January 14 - March 3 / **No Class 2/25**

Session I: 1:00-2:30pm / 7-9 coed / Pulaski Street Gymnasium

Session II: 3:00-4:30pm / 10-15 boys / Pulaski Street Gymnasium

Sessions III: 4:30-6:00pm / 10-15 girls / Pulaski Street Gymnasium

Residents: \$60 / Non-Residents: \$70

BASKETBALL SHOOTING COMPETITION

Instructor: Jim Janecek

This shooting competition will include 30 second shooting, foul shooting, 3 point shooting, and a combination of the above.

Boys and girls will have separate competitions in three age groups.

Ages: 7 - 15 Years

Friday, March 2

6:00 - 9:00pm / RHS Gymnasium

Residents: \$10 / Non-Residents: \$15

PEE WEE HOOPS

Instructor: Jim Janecek

Basic principles of offense, defense and teamwork. Will be taught in a 2v2 concept. Parental participation required.

Ages: 4 - 6 Years

Fridays, January 13 - February 17

7:15 - 8:30pm / Pulaski Street Gymnasium

Residents: \$48 / Non-Residents: \$58

SENIOR YOUTH BASKETBALL LEAGUE

Instructor: Jim Janecek

This program is a competitive league. It will mix and match players in a coed environment in a 5 on 5 format.

Hoop experience is recommended.

Ages: 16 - 19 Years / Must be in High School

Saturdays, January 14 - March 3

6:00 - 7:30pm / Pulaski Street Gymnasium

Residents: \$38 / Non-Residents: \$48



INTRODUCTION TO GYMNASTICS

Instructor: GymNation

Boys and girls ages 6-12 are welcome to join this new and exciting class. Participants will be introduced to activities such as the trampoline, parallel bars, uneven, balance beam, tumbling, and the vaulting horse.

Ages: 6 - 12 years

Winter: Mondays, January 23 - February 13

Spring: Mondays, March 5 - March 26

6:15 - 7:15pm / GymNation 1074 Pulaski Street, Riverhead

Residents: \$65 / Non-Residents: \$75



JUMPBUNCH SPORTS & FITNESS PRESCHOOL

Instructor: JumpBunch Sports & Fitness

Each week a new sport will be introduced to the children. Basic “fun”damentals of the game will be gone over with simple instructions. Every class starts with our warm up song and some simple stretching. All games are non-competitive and based on fun.

We bring equipment for every child each week, you just bring your child ready to play and have fun. Parent participation is not required.

Ages: 3 - 4 Years

Winter: Wednesday, January 25 – March 7 / **No Class 2/22**

Spring: April 18 – May 23

12:15 - 1:00pm / GYCC

Residents: \$61 / Non-Residents: \$71

JUMPBUNCH SPORTS & FITNESS TODDLERS



Instructor: JumpBunch Sports & Fitness

Each week a new sport will be introduced to the children. Each class will start with our warm up song and simple fun stretching exercises, followed by the sport of the week, and will end with a 5 minute cool down & team cheer. All JumpBunch programs are fun, are always non-competitive and use lots of colorful props that promise to bring smiles and giggles to all of our participants.

PARENT PARTICIPATION IS REQUIRED.

Ages: 18 - 35 Months with Parent

Winter: Wednesday, January 25 – March 7 / **No Class 2/22**

Spring: April 18 – May 23

11:00 - 11:45am / GYCC

Residents: \$61 / Non-Residents: \$71

JUMPBUNCH PEE WEE LACROSSE

Instructor: JumpBunch Sports & Fitness

This is an excellent class to get your children started in the growing sport of lacrosse.

JumpBunch instructors will teach your children the fundamentals of lacrosse by introducing the skills of cradling, shooting, stick handling, ground balls, and catching and throwing skills. Also, there will be some modified speed and agility drills which will help promote gross motor skills, coordination, and fitness.

All games and drills are based on FUN. This program is non-competitive in nature and is designed to introduce the sport of lacrosse. Necessary equipment is provided by JumpBunch.



Ages: 4 - 6 Years

Thursdays, April 19 - May 24 / **Rain dates 6/7, 6/14**

Session I: 4:15 - 5:15pm / Stotzky Park North Soccer Field

Session II: 5:30 - 6:30pm / Stotzky Park North Soccer Field

Residents: \$69 / Non-Residents: \$79

SKILL BUILDER TENNIS

Instructor: Bob Lum

This program is designed to build up the fundamental skills of tennis including the introduction to basic tennis rules, regs, and etiquette. This is an excellent program for the beginner and novice player.

Ages: 7 -11 Years

Fridays, January 17 - February 14

6:00 - 6:50pm / Phillips Avenue Gymnasium

Residents: \$27 / Non-Residents: \$37

STREET HOCKEY LEAGUE

Riverhead Recreation will host a Youth Street Hockey League this spring. Games will be played at Stotzky Park on Thursdays, with game times ranging from 5:30pm-9:30pm.

Registration will be accepted for individuals only. Registration will be available in person at the Rec Office, online, or by phone.

Required equipment for each player includes hockey stick, approved hockey helmet with face shield, mouth guard, elbow pads, shin pads, gloves. Chest protector (padded shirt type ok) is highly recommended and may be required.

Volunteer Coaches and Paid officials & scorekeepers ****needed****

For further details, call 631-727-5744 x28

7 Weeks

Penguins Division: 7 - 9 years old

Beavers Division: 10 - 12 years old

Cadets Division: 13 - 15 years old

Thursdays, March 22 - May 10 / **No Class 4/12**

5:30 - 9:30pm / Stotzky Park Hockey Rink (Next to Skate Park)

Residents: \$62 / Non-Residents: \$62

USSI: SPRING SOCCER SQUIRTS

Instructor: US Sports Institute

The US Sports Institute Soccer Sports squirts program has been designed to introduce young children to soccer in a safe, structured environment. Children will learn the fundamentals of soccer through a program of non-competitive activities and fun games.

Ages: 3 - 5 Years

Fridays, April 20 - June 1

6:00 - 7:00pm / Stotzky Park North Soccer Field

Residents: \$130 / Non-Residents: \$140

SPORTS

USSI: SPRING SPORTS SQUIRTS

Instructor: US Sports Institute

The US Sports Institute Sports squirts program has been designed to introduce young children to a variety of sports in a safe, structured environment. All games and activities will encompass hand/eye coordination, balance, agility and movement-all key factors to the development of children in sports.

In addition to having a great time playing the different sports, children will develop social interaction and communication skills. All sports are developed through a series of games and activities designed to ensure learning and most importantly: fun, fun, fun! Sports include soccer, basketball, lacrosse, hockey, tennis, and softball.

Ages: 3 - 5 Years

Tuesdays, April 17 - May 29

4:15 - 5:15pm / Stotzky Park North Soccer Field

Residents: \$130 / Non-Residents: \$140

USSI: TENNIS

Instructor: US Sports Institute

This course is suited to players who are at a beginner to intermediate level; the USSI tennis camp will teach children the basic fundamentals in stroke production. This includes forehand, backhand, volley, serve and smash, court movement and basic footwork. All children who attend the camp will have a great time playing and learning the number one racket sport.

Ages: 3 - 6 Years

Mondays, April 16 - June 4

3 - 4 Years: 4:15 - 5:15pm / Stotzky Park North Tennis Courts

5 -6 years: 5:15 - 6:15pm / Stotzky Park North Tennis Courts

Residents: \$140 / Non-Residents: \$150

PAL PROGRAMS

RIVERHEAD PAL ANNUAL BIKE SAFETY RODEO

Participants will compete in a bike safety course and those with the highest scores in each age group are eligible to win new bikes and prizes. All participants must wear a bike helmet during the competition. In case of inclement weather, listen to WRIV 1390 AM Radio.

For more information, contact PAL Office at 727-3200 x273.

Grades: K - 6

Saturday, May 21 / Stotzky Park Parking Lot

Registration: 8:30am

Bike Rodeo: 9:00am

FREE



Bike Safety

WAVES FOOTBALL

Youth Fall Contact Football for boys.

Practices are on Tuesday and Thursday evenings and games are played on Sundays. This is a traveling league and away games are played on various fields in Suffolk County.

Please look for PAL Flyer which will be distributed to all Riverhead Elementary Schools in early April.

You may also visit the PAL Web Page. Go to riverheadli.com, click on Hot Links, click on Juvenile Aid Bureau & Police Athletic League (in RED), drag down side bar, click on PAL Football Registration instructions. **PAL Football Registrations must be submitted through Direct Roster.**

For more information, contact PAL Office at 727-3200 x273

Ages 7 - 12

Tuesdays, Thursdays, Saturdays / Early August - Mid-November

7 - 8 Years: Residents: \$125 / Non-Residents: \$135

9 - 12 Years: Residents: \$175 / Non-Residents: \$185

CHEERLEADING

Youth Cheerleading Program for girls.

Please look for PAL Cheerleading Registration which will be distributed to all Riverhead Elementary Schools in early April.

There is a limited amount of space for cheerleading squads. First come, first serve.

For more information, contact PAL Office at 727-3200 x273

Ages 7 - 12

Practice starts early August.

Cheerleading at "HOME" WAVES Football Games on Sundays.

Residents: \$60 / Non-Residents: \$70

SEASONAL EMPLOYMENT OPPORTUNITIES

Looking for a great Summer job? The Town of Riverhead Recreation Department is looking for seasonal staff in a variety of areas, such as:

Park Attendant

Beach Attendant

Lifeguard

Water Safety Instructor

Summer Camp Aide

Skate Park Attendant

Recreation Program Aide (Sports / Special Events / Sailing / Scorekeeping)

Download an application online at riverheadli.com or visit the Recreation Office at Stotzky Park.

Deadline to submit applications is May 1.

INSTRUCTORS WANTED

Do you have a skill that you'd like to share with your fellow residents? The Recreation Department is looking for new instructors to help build our program offerings. If you are interested in instructing a class, submit a resume and program proposal to

Riverhead Recreation Department
55 Columbus Avenue
Riverhead, NY 11901

REGISTRATION BEGINS JANUARY 9, 2012

Family Account Name: _____

Address: _____

Home Phone #: _____

Cell Phone #: _____

Emergency Contact: _____

Phone #: _____

Participants:

Last name	First name	DOB	Course	Fee	Medical Alert

MasterCard/Visa/Discover acct: _____

Expiration Date: _____

Total: _____

Waiver: All participants in Town Parks and Recreation do so at their own risk. Individuals are responsible to check all class descriptions and be sure that they or their child's physical condition and skill dictate that they safely participate.

Signature: _____

Parent/Guardian/Participant

Date: _____

Email Address: _____

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